

BREAKFAST

FRUIT TOAST With strawberry jam and butter *Contains Nuts*	V	\$9.90
EGGS ON TOAST Eggs cooked your way with turkish toast		\$14.90
BIRCHER MUESLI With chia yoghurt, berry compote and seasonal fruits	V	\$19.90
BLUEBERRY PANCAKES Caramelised banana, berry compote, maple syrup and ice-cream		\$20.90
FRENCH TOAST Caramelised banana, maple syrup and fruity ice-cream		\$21.90
BREAKFAST BURGER Fried eggs, bacon, spinach, hash brown, caramelised onions, relish and aioli on a toasted brioche bun and fries		\$21.90
MUSHROOMS ON SOURDOUGH With salsa verde, feta, baby kale, poached eggs on sourdough toast	V	\$24.90
SALT BREAKFAST Eggs (your way), double smoked bacon, house relish, grilled tomato and toasted turkish fingers		\$19.90
SMASHED AVOCADO Served on sourdough toast with poached eggs, roasted tomato, and crumbled feta	V	\$24.90
EGGS BENEDICT (bacon or ham) Poached eggs, hollandaise, and sauteed spinach on an English muffin		\$23.90
EGGS BENEDICT (pulled pork or smoked salmon) \$25.90 Poached eggs, hollandaise, and sautéed spinach on an English muffin		
SAVOURY MINCE Lamb mince with green peas, bacon, fried eggs, minted yoghurt served with turkish toast		\$24.90
SUPER BOWL Kale, tomato, mushroom, avocado, quinoa, toasted seeds, and nuts with a poached egg with salsa verde dressing	LG V	\$20.90
SALMON EGGS Scrambled eggs with smoked salmon, smashed avocado, and feta served with turkish toast		\$25.90
SALMON OMELETTE (smoked spinach and feta, served with sourdough toast)		\$25.90
HAM, CHEESE, AND TOMATO OMELETTE (served with sourdough toast)		\$21.90
CHILI CRAB AND HERB OMELETTE Nori Garnish and toasted sourdough		\$26.90
SWEET POTATO ROSTI Smoked salmon, poached eggs, spinach, and tomato relish		\$25.90
SALT BIG BREAKFAST Steak, bacon, chorizo, eggs (your way), grilled tomato, hash browns, halloumi, mushroom, smashed avo w/ house relish and turkish fingers		\$29.90

MAKE YOUR OWN (minimum of 3 sides)

Eggs (2), hash browns (2), bacon, avocado, halloumi, mushrooms, sautéed spinach, grilled tomatoes, chorizo	\$6 EACH
Grilled Chicken	\$8
Smoked Salmon	\$10
Prawns (4)	\$10

COFFEES

ESPRESSO, PICCOLO, LATTE, LONG OR SHORT MACCHIATO, RISTRETTO, LONG BLACK, CAPPUCINO, OR FLAT WHITE	\$4.70 cup \$5.50 mug
CHAI LATTE, HOT CHOCOLATE, MOCHA	\$5.80
VIENNA	\$5.50
AFFOGATO	\$7.50
BABYCHINO	\$2.00
TEA (LOOSE LEAF)	\$5.50
EXTRA SHOT, MUG, SYRUPS, SOY MILK, ALMOND MILK, LACTOSE FREE MILK, COCONUT MILK, OAT MILK, DECAF	\$0.90

FRESHLY SQUEEZED JUICES**\$9.00**

MINT SENSATION PINEAPPLE, APPLE AND MINT
SWEET DELIGHT APPLE, PINEAPPLE AND ORANGE
MORNING KICK CARROT, ORANGE AND GINGER
BODY JUICE CARROT, CELERY, APPLE AND GINGER
SUPER GREEN CUCUMBER, MINT, CELERY AND APPLE

SMOOTHIES**\$9.50**

MANGO SMOOTHIE
BERRY BERRY SMOOTHIE (DF)
BANANA AND HONEY SMOOTHIE
STRAWBERRY AND MANGO FRAPPE (DF)

ICED DRINKS (Served with Cream and Ice Cream)**\$9.00**

ICED CHOCOLATE, ICED COFFEE AND ICED MOCHA

MILKSHAKES**\$9.00**

CHOCOLATE, VANILLA, STRAWBERRY, CARAMEL, LIME, BANANA, COFFEE
THICKSHAKES AVAILABLE

\$10.90**SOFT DRINKS** (coke, diet coke, coke zero, lemonade)**\$5.00**

GINGER BEER, LEMON LIME & BITTERS

\$5.50**MINERAL WATER**

SAN PELLEGRINO 500ML

\$7.50

SAN PELLEGRINO 1L

\$9.50

LUNCH

STARTERS

ANTIPASTO PLATTER

Toasted bread with dips, smoked salmon, prosciutto and leg ham

\$16 P/P
(MINIMUM 2 PEOPLE)

DELUXE PLATTER

Toasted bread with dips, grilled vegetables, smoked salmon, prosciutto, leg ham, salami, cajun prawns, calamari, and scallops

\$59.90

SALAD CORNER

THAI BEEF SALAD

Asian slaw, cashews, roasted shallots, and Nam Jim dressing

\$27.90

SALT CHICKEN SALAD

Lemon thyme roasted chicken, roasted potato, parmesan cheese, mixed lettuce, walnuts, red onion, and pesto dressing

\$24.90

KING PRAWN SALAD

Grilled prawns, avocado, warm chat potatoes, crispy prosciutto, mesclun and preserved lemon dressing

\$29.90

CALAMARI SALAD

Panfried chilli garlic calamari with a mixed leaf and quinoa salad with citrus dressing

\$27.90

GRILLED VEGETABLE SALAD

Mixed salad served with grilled marinated vegetables, seed and nut mix, quinoa, halloumi and lemon vinaigrette

\$23.90

CAESAR SALAD

Crispy bacon, croutons, parmesan cheese, poached egg, mixed in baby Gem Cos lettuce.

ADD CHICKEN

\$7.00

OR

SALMON OR PRAWNS (4)

\$10.00

\$22.90

BREAD CORNER

FRIED CHICKEN BURGER

Southern style fried chicken with mesclun, slaw, tasty cheese, sriracha and aioli on a toasted brioche bun, served with fries

\$25.90

STEAK SANDWICH

Organic tender eye fillet, house relish, caramelised onion, lettuce, haloumi cheese, and aioli on toasted turkish, served with fries

\$27.90

PULLED PORK BURGER

Slow cooked pork shoulder, slaw, smokey bourbon BBQ sauce, aioli, cheese on a toasted brioche bun served with fries

\$25.90

GRILLED VEGETABLE SANDWICH

Marinated grilled vegetables with halloumi and pesto aioli on sourdough, served with pickled vegetable salad

\$22.90

OPEN SALMON SANDWICH

Smoked salmon, avocado, feta, spanish onion, tomato, herbs on sourdough served with fries

\$25.90

CLUB SANDWICH

3 tier sandwich with chicken, bacon, mixed lettuce, eggs, cheese, avocado, relish, and aioli served with fries

\$27.90

KIDS CORNER (12 and under)

FISH AND CHIPS

\$13.00

CALAMARI AND CHIPS

\$13.00

GRILLED CHICKEN AND CHIPS

\$13.00

STEAK AND CHIPS

\$15.90

BACON AND EGGS

\$12.50

PANCAKE WITH MAPLE SYRUP AND ICECREAM

\$12.00

LUNCH

WHITING FILLETS Tempura whiting fillets, house salad, tartare, and lemon, served with fries	\$24.90
CALAMARI Szechuan salt and pepper calamari, house salad, aioli, and lemon, served with fries	\$25.90
THAI CHICKEN CURRY Traditional Thai green chicken curry with Asian vegetables and basmati rice	\$27.90
PUMPKIN GNOCCHI Roasted pumpkin, spinach, toasted pinenuts in a pesto cream sauce topped with parmesan cheese	\$28.90
NACHOS Crispy Corn Chips, Mexican lamb mince, sour cream, avocado, jalapenos, and cheese	\$28.90
CHICKEN MUSHROOM RISOTTO Chicken garlic cream, mushroom, spinach, and parmesan cheese.	\$34.90
PRAWN SCALLOP RISOTTO Prawn, Scallop, vege stock, green peas, spinach, and parmesan cheese	\$36.90
SALMON FILLET Crispy skin salmon, roasted baby chats, buttered sauteed greens and salsa verda	\$36.90
CHILLI CRAB LINGUINI Olive oil-based linguini with spinach, confit tomato, chilli, and crispy soft-shell crab	\$36.90
SEAFOOD LINGUINE Olive oil-based linguine with prawns, scallops, calamari and capers, tomato, onion, spinach topped with parmesan cheese, chilli, and herbs.	\$39.90
EYE FILLET Tender organic eye fillet cooked to your liking, roasted baby chats, green vegetables, grilled tomato, and creamy mushroom sauce Add Prawns (4) \$49.90	\$42.90
PIZZA (house made dough, hand stretched) PESTO CHICKEN Pesto chicken, spinach, red onion, and tomato	\$27.90
MEATLOVERS Chicken, bacon, ham, pepperoni and pulled pork	\$27.90
PEPPERONI Napoli sauce, pepperoni, olives, and cheese	\$25.90
VEGETARIAN Napoli sauce, cheese, olives, and grilled vegetables	\$23.90
D Prawn, scallop, calamari, spinach, and chilli on a Napoli base	
SIDES: Chips with aioli	\$10.00
Garden salad	\$10.00

CHAMPAGNE/ SPARKLING**GLASS****BOTTLE****NV MOET CHANDON** IMPERIAL BRUT CHAMPAGE

FRANCE

\$150**NV CHAIN OF FIRE BRUT CUVEE**

NSW

\$9**\$42****NV GIOIOSA** EXTRA DRY PROSECCO

ITALY

\$12**\$65****WHITE WINES****23 CHAIN OF FIRE SAUVIGNON BLANC SEMILLION**

W.A

\$9**\$42****23 ARA SINGLE ESTATE SAUVIGNON BLANC**

MARLBOROUGH, NZ

\$14**\$75****23 ROBERT OATLEY CHARDONNAY**

MARGARET RIVER WA

\$14**\$70****23 WILD DATES PINOT GRIGIO**

MUDGEE, NSW

\$14**\$65****19 HENTLEY FARM REISLING**

MARGARET RIVER, WA

\$80**23 BAREFOOT MOSCATO**

NSW

\$11**\$45****23 ABBOTS AND DELAUNAY ROSE**

FRANCE

\$14**\$75****RED WINES****22 CHAIN OF FIRE SHIRAZ CABERNET**

NSW

\$9**\$42****22 ARA SINGLE ESTATE PINOT NOIR**

NEW ZEALAND,

\$14**\$75****22 ROBERT OATLEY SHIRAZ**

MCLAREN VALE

\$14**\$75****22 RICIASOLI CHIANTI**

ITALY

\$75**BEERS****CRAFT BEER ON TAP**285ml **\$9**

425ml

\$12**PERONI****\$11****CORONA****\$11****BASIC SPIRITS****\$11****PREMIUM SPIRITS****\$13****COCKTAILS****ESPRESSO MARTINI****\$20****DACQURI** (Strawberry or Mango)**\$20****APEROL SPRITZ** LAGIIOISA**\$20****MOJITO****\$20**

