BREAKFAST

FRUIT TOAST V **$8.00**
With strawberry jam and butter

EGGS ON TOAST **$13.90**
Eggs cooked your way with turkish toast

BIRCHER MUESLI V **$17.90**
With chia yoghurt, berry compote and seasonal fruits

BLUEBERRY PANCAKES **$18.90**
Caramelised banana, berry compote, maple syrup and ice-cream

FRENCH TOAST **$19.90**
Caramelised banana, maple syrup and fruity ice-cream

BREAKFAST BURGER **$18.90**
Fried eggs, bacon, spinach, hash brown, caramelised onions, aioli and relish on a toasted brioche bun

MUSHROOMS ON SOURDOUGH V **$21.90**
With salsa verde, feta, baby kale, poached eggs on sourdough toast

SALT BREAKFAST **$19.90**
Eggs (your way), double smoked bacon, house relish, grilled tomato and toasted turkish fingers

SMASHED AVOCADO V **$21.90**
Served on sourdough toast with poached eggs, roasted tomato and crumbled feta

EGGS BENEDICT (your choice**)** **$19.90**
Pulled pork**,** bacon, ham or smoked salmon
Poached eggs, hollandaise and sautéed spinach on an English muffin

SAVOURY MINCE **$21.90**
Lamb mince with green peas, bacon, fried eggs, minted yoghurt served with turkish toast

SUPER BOWL GF V **$19.90**
Kale, spinach, mushroom, avocado, quinoa, toasted seeds and nuts with poached egg and salsa verde dressing

SALMON EGGS **$21.90**
Scrambled eggs with smoked salmon, smashed avocado, feta served with turkish toast

OMELETTE (your choice, served with sourdough toast)
Ham, cheese and tomato **$19.90** **OR** Smoked salmon, spinach and feta **$22.90**

CHIILI CRAB AND HERB OMELTTE **$23.90**
Nori Garnish and toasted sourdough

SWEET POTATO ROSTI **$25.90**
Smoked salmon, poached eggs, spinach and tomato relish

SALT BIG BREAKFAST **$26.90**
Steak, bacon, chorizo, eggs (your way), grilled tomato, hash browns, halloumi, smashed avocado with house relish and turkish fingers

MAKE YOUR OWN (minimum of 3 sides) **$5 EACH**
Eggs (2), hash browns (2), bacon, avocado, halloumi, smoked salmon, mushrooms, sautéed spinach, grilled tomatoes, chorizo
Chicken, Salmon and Prawns (4) **$8 EACH**

COFFEES

ESPRESSO, PICCOLO, LATTE, LONG OR SHORT MACCHIATO, RISTRETTO, LONG BLACK, CAPPUCCINO OR FLAT WHITE	$4.50
CHAI LATTE, HOT CHOCOLATE, MOCHA	$5.00
VIENNA	$5.00
AFFOGATO	$6.50
BABYCHINO	$2.00
TEA (LOOSE LEAF)	$5.00
EXTRA SHOT, MUG, SYRUPS, SOY MILK, ALMOND MILK, LACTOSE FREE MILK, COCONUT MILK, OAT MILK, DECAF	$0.80

FRESHLY SQUEEZED JUICES $8.50

MINT SENSATION PINEAPPLE, APPLE AND MINT

SWEET DELIGHT APPLE, PINEAPPLE AND ORANGE

MORNING KICK CARROT, ORANGE AND GINGER

BODY JUICE CARROT, CELERY, APPLE AND GINGER

SUPER GREEN CUCUMBER, MINT, CELERY AND APPLE

SMOOTHIES $8.90

MANGO SMOOTHIE
BERRY BERRY SMOOTHIE (DF)
BANANA AND HONEY SMOOTHIE
STRAWBERRY AND MANGO FRAPPE (DF)

ICED DRINKS (Served with Cream and Ice Cream) $7.90

ICED CHOCOLATE, ICED COFFEE AND ICED MOCHA

MILKSHAKES $8.50

CHOCOLATE, VANILLA, STRAWBERRY, CARAMEL, LIME, BANANA & COFFEE
THICKSHAKES AVAILABLE $10.50

SOFT DRINKS $4.50

COKE, DIET COKE, COKE ZERO, LEMONDADE
GINGER BEER, LEMON LIME & BITTERS $5.50

MINERAL WATER

CAPI 250ML	$4.50
SAN PELLEGRINO 500ML	$7.50
SAN PELLEGRINO 1L	$9.50